



Virginia Cooperative Extension

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Coping with a Money Crunch

FREE Workshop



Tools to cope with financial hardships:

- Options
- Spending Plans
- Resources
- Prioritizing
- Contacting Creditors
- Protection from Scams

**Thursday,
March 9, 2023
6:00 to 8:30 p.m.**

**Antioch Church
23502 Senedo Road
Woodstock, VA 22664**

Sponsored in cooperation with Shenandoah County Network Table

EVERYONE PLEASE REGISTER AT THE WEBSITE BELOW (QR CODE →):

<https://tinyurl.com/moneycrunchclasses>



For more information, e-mail Senior Extension Agent Karen Poff at kpoff@vt.edu. If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate, contact Karen Poff by calling 540-635-4549 no later than five days prior to the event.