## What is the 4-H Afterschool Program

## For Young People

4-H Afterschool provides opportunities to participate in fun, exciting programs while developing valuable skills with lifelong benefits.

### For Parents and Family Members

4-H Afterschool creates safe, healthy, enriching environments that enhance young people's social, emotional, physical, and academic success.

## **For Volunteers**

4-H Afterschool offers an opportunity to share a special skill with young people.

## For Youth-Serving Organizations

4-H Afterschool offers extensive resources to help train staff, implement sound youth development practices, create new after-school programs, and strengthen existing programs.

## For Communities

4-H Afterschool is a partner that builds unique, customized programs around the diverse interests and needs of youth.

## For More Information

VCE-Warren County Office 220 N. Commerce Ave, Suite 500 Front Royal, VA 22630 (540) 635-4549 Fax: (540) 634-2827 Website: http://offices.ext.vt.edu/warren/ Office Hours: 8:00 a.m.- 5:00 p.m. Monday- Friday

> Stacy Swain Extension Technician Email: hstacy@vt.edu (540) 635-4549 ext. 277



### http://www.4-h.ext.vt.edu/index.html



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If you are a person with a disability and require any auxiliary aids, services or other accommodations to participate, please discuss your needs with Stacy Hartman, Extension Technician, at the Warren County VCE Office (540/635-4549) during business hours of 8:00 a.m. and 5:00 p.m.



# Warren County 4-H Afterschool Program



# AfterSchool Program

- 4-H Afterschool provides opportunities to participate in fun, exciting programs while developing valuable skills with lifelong benefits.
- Afterschool programs are held in conjunction with the Warren County School Age Care Program. Children will need to enroll with the WCSAC.
- Programs will be conducted at each of the following three schools; A.S. Rhodes, Hilda J. Barbour and Leslie Fox Keyser.
- Programs will work on a rotation period. Children may enroll at the beginning of each rotation. Once enrolled they are expected to attend all programs for that rotation.
- Children will have FUN while Learning by Doing!

Sample Programs Arts & Crafts Valentine hearts Snowflakes Bingo Wind Socks **Coloring Contests** Oobleck **Planting Flowers** Coffee Filter Art Bean Bags Cooking Magic Leprechaun Dust Ice Cream in a Bag Trail Mix Personal Pizza Fruit Smoothies Marshmallow Snowmen Pumpkin Pie in a Bag

Games & Singing Experiments, Outdoor Adventures

## & Much More!



#### What is 4-H?

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

Who Can Join? Any child ages 5 to 18. Children 5 to 8 can join 4-H Cloverbud Clubs. Youth ages 9 to 18 are eligible for junior and senior 4-H clubs.

What Does 4-H Offer? Activities exist at the local, district, state and national levels. 4-Hers can attend winter and summer camps, participate in contests and judging events. As well as livestock and horse shows and much more.

### 4-H Pledge

"I pledge my **head** to clearer thinking, My **heart** to greater loyalty, My **hands** to larger service, And my **health** to better living, For my club, my community, my county and my world."

### Motto "To Make the Best Better"

## Emblem

The 4-H emblem is a four-leaf clover with the letter H on each leaf. The four H's represent Head, Heart, Hands and Health.